

4. Things you can consult in the Kikuyo Town Office

- (1) Pregnancy, Childbirth, and Child-Rearing
(Maternal and Child Health Handbook)
- (2) Admission to Daycare Centers and Certified Kindergartens
- (3) Admission and Transfer to and out of Elementary and Junior High Schools
- (4) Start and end of Water Usage
- (5) How to Dispose of Garbage
- (6) Health checkups and vaccinations
- (7) Municipal Housing
- (8) Taxes
- (9) Japanese Language Classes
- (10) Everyday Etiquette and Problems in the Community
- (11) Unemployment, illness, or other hardship
- (12) Suffering violence from a partner or a lover...



4– (1) Pregnancy, Childbirth, and Child-Rearing (Maternal and Child Health Handbook)

(1) When pregnant

- ① If you notice that you are pregnant, please visit a medical institution (obstetrics and gynecology).
- ② Receive a “Pregnancy Notification Form ”^{*1} at a medical institution (OB/GYN) and report your pregnancy to the Kikuyo Town Office (Health and Insurance Division).
 - ※ 1 If you cannot receive it at a medical institution (OB/GYN), you can pick it up at the town office.
- ③ Receive the Maternal and Child Health Handbook^{*2} and the Pregnancy Health Examination Receipt at the town office.
 - ※ 2 The Maternal and Child Health Handbook (MCH Handbook) contains information on precautions to be taken during pregnancy and childbirth, and is used to record the baby's health checkups and immunizations. Please do not lose it.
- ④ By notifying the town office of your pregnancy, you can receive advice from public health nurses, midwives, and nurses to ensure a safe birth.



(2) When the baby is born

Please report the birth to the town office (Municipal Division or the Western Branch Office)^{*3} within 14 days of the birth (for details, please refer to 3-(2) Family Register (9 page)).

- ※ 3 If the baby is delivered at a medical institution (OB/GYN) outside of the town, the birth can be reported to the municipality where the medical institution is located.

If you are concerned about your health or have problems raising your child after giving birth, you can consult with the Health and Insurance Division of the town office.



(3) Infant health checkups and childcare consultation

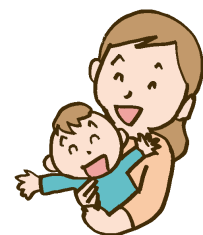
① Infant Health Examination

We provide “health checkups (physical measurements, medical examinations, health consultations, nutritional consultations, dental consultations, etc.)” at milestones in the growth of children. There are 3-4 month checkups, 6-7 month checkups, 1 year and 6 month checkups, and 3 year checkups, and those eligible for these checkups will be notified individually. In addition, we also offer seminars for one-year-olds.

② Childcare Counseling

“Sukoyaka Childcare Counseling” is held once a month for children under one year old. In the following cases, please do not worry alone, but feel free to consult with us.

- You have concerns about your child's development
- You have a problem with childcare
- You have concerns about baby food or teeth



Contact information for the section in charge

Health and Insurance Division, Kikuyo Town Office
☎096-232-4912 ✉kokuho@town.kikuyo.lg.jp

4– (2) Admission to Daycare Centers and Certified Kindergartens

The following table shows facilities that take care of children before elementary school age who need childcare because their parents are working, or for other reasons. Applications for admission and enrollment in the facility will be accepted through town's newsletter and website.

If you wish to enroll your child in a childcare center, please consult with the Kikuyo Town Office (Child-rearing Support Division).

Facility Classification	Child's age (Age as of April 1)	Office Hours (Monday-Friday)	Office Hours (Saturday)
Nursery school	0-5 years old	7 : 00-19 : 00	7 : 00-18 : 00
Certified childcare center (nursery portion)			
Small-scale nursery school	0-2 years old	7 : 00-19 : 00	7 : 00-18 : 00
Nursery school within an office		7 : 00-19 : 00 7 : 30-19 : 30 ※ Depends on the facility.	7 : 00-18 : 00 7 : 30-18 : 30 ※ Depends on the facility.
Family daycare center		8 : 30-16 : 30 9 : 00-17 : 00 ※ Depends on the facility.	—

〈Reasons for receiving childcare〉

In order to use a daycare center, etc., the parent or guardian must meet the following requirements.

- Working Pregnancy/Childbirth Disease/Disability Care/Nursing
 Job seeking Studying Disaster/Recovery

〈Costs for using daycare centers, etc.〉

For children aged 0 to 2 years old who use daycare centers, etc., monthly daycare fees must be paid (daycare fees for children aged 3 to 5 years old are free of charge).

The amount of the childcare fee is determined based on the parent's income.

In addition to the childcare fee, payments are required for lunch, extended day care, and educational materials.

〈Application procedures for admission to daycare centers, etc.〉

If you wish to use a daycare center, you will need to apply for admission, so please contact the section in charge below.

If there are no vacancies at daycare centers, etc., the child will not be able to use the daycare center, etc.

〈Other child care facilities〉


For children aged 3 to 5 who do not fall under the reason for receiving childcare, they may enroll in certified kindergartens (kindergarten portion) and kindergartens.

Please apply for admission at each facility. For contact information for each facility, please contact

- ① Certified kindergartens (kindergarten portion) in the town: Contact the Kikuyo Town Office (Child-rearing Support Division)
- ② Kindergartens: Neighboring municipal offices

Contact information for the section in charge

Child-rearing Support Section, Kikuyo Town Office

☎096-232-2202  kosodateshien@town.kikuyo.lg.jp

4– (3) Admission and Transfer to and out of Elementary and Junior High Schools

(1) Admission

A “Letter of Admission” is sent around December to families who have children entering elementary or junior high schools in Kikuyo the following academic year (the following April). Families who move to Kikuyo after the “Letter of Admission” has been distributed should collect the letter at the School Affairs Division after completing all moving-in procedures at the Municipal Division of the Kikuyo Town Office.

- Please ensure your child is carrying the “Letter of Admission” on the day of the school entrance ceremony.
- The school will inform you about the details of the entrance ceremony in late February or early March.



(2) Transferring to schools

Families who move to Kikuyo in the middle of the school year and would like to transfer their child to an elementary or junior high school in Kikuyo will have to apply for a “school transfer” at the School Affairs Division after completing all moving-in procedures at the Municipal Division of the Kikuyo Town Office.

- The procedure for transferring schools will be explained at the School Affairs Division.
- Please inform the School Affairs Division before you visit Kikuyo Town Hall for the procedures.



(3) Transferring out of schools

Families who move out of Kikuyo will have to apply for a “school transfer” at the School Affairs Division after completing all moving-out procedures at the Municipal Division of the Kikuyo Town Hall.

- The procedure for transferring schools will be explained at the School Affairs Division.
- Please inform the School Affairs Division before you visit Kikuyo Town Office for the procedures.



Contact information for the section in charge

School Affairs Division, Kikuyo Town Office

☎096-232-4918 ✉gakumu@town.kikuyo.lg.jp

4 – (4) Start and end of Water Usage

(1) Start using the water supply

To start using the water supply, contact the Ozu Kikuyo Waterworks Corporation by phone or by using the input form on the website for the following items ① to ④.

〈What to tell over the phone〉

- ① Name of water service subscriber (name on bill)
- ② Address where water service will be used (apartment name and even room number)
- ③ Beginning date of water service (please contact us before beginning use)
- ④ Contact information (if the applicant wishes to have the bill sent to a different address, please provide the address)

〈Examples of conversations〉

Subscriber : “I just moved here and want to use the water system.”

Waterworks Corporation :

“What is the name of the person subscribing for water service?”

Subscriber : “The subscriber's name is ●●●●.”

Waterworks Corporation :

“Please give me the address where you are using the water service.”

Subscriber : “Room XXX, Apartment YYYY, XX-XX, Kikuyo-machi”.

Waterworks Corporation :

“When will you start using the water service?”

Subscriber : “I would like to start using the water supply from xxxx day of xxxx month.”



- After notification of the start of use, Ozu Kikuyo Waterworks Corporation will mail documents to you, so please notify the post office of your address.



Start of water use
contact HP

(2) Stop using the water supply

If you wish to stop using the water supply, please contact us at least one week before you move out by phone or by filling out the form on our website with the following information: ① to ④.

〈What to tell over the phone〉

- ① Name of water service subscriber (name on bill)
- ② Address where water service will be stopped (apartment name and even room number)
- ③ Ending date of water service
- ④ Address where you will be moving (where refund fees will be sent)



End of water
use Contact HP

Contact Information for Startup and shutdown of water supply system

Ozu Kikuyo Waterworks Corporation Sales Department

(Reception Hours) Weekdays 8:30-17:15

☎096-293-7711 ✉eigyou@ookiku-water.or.jp

4 – (5) How to Dispose of Garbage

〈Rules for Garbage Disposal〉 ※ Violations will result in the garbage not being collected.

- ① Please separate garbage correctly and put it in the designated bags of Kikuyo Town. Designated garbage bags are available at supermarkets and convenience stores in town.
- ② Please put out your garbage at the garbage station designated by the community by 8:30 a.m. on the garbage collection day. Garbage collection days are determined by the district, so be sure to check the garbage calendar or the town website.

〈Garbage Collection Districts〉

Each administrative district in which you live has different garbage collection days. Be sure to check the collection district.

Collection district	Subject Administrative Districts	Combustible Garbage	Incombustible Garbage	Empty cans Empty bottles	Newspapers Flyers Magazines Books	Cloths Cardboards Milk cartons	Plastic bottles	Plastics	Oversized Garbage
			Specified items						4 types of home appliance
A	Sanrigi, Aobadai, Higashigaoka, Hikari no Mori 1-7 townships, Musashigaoka 1-8 townships,	Every week Tuesday, Friday	1st Wednesday of each month	3rd Monday of each mont	4th Monday of each month	2nd Monday of each month	1st Monday of each month	Every Wednesday	2nd Thursday of each month
B	Okino, Shinyama, Kita-Shinyama, Sakainomatsu, Shinsei, Suginamidai, Hachikubo, Minami Hachikubo, Nijinomori, Hanatate, Minami Hanatate, Koyodai	Every week Tuesday, Friday	2nd Wednesday of each month	3rd Thursday of each month	4th Thursday of each month	2nd Monday of each month	1st Monday of each month	Every Wednesday	2nd Thursday of each month
C	Shimobaru, Tsukuregaoka, Asahigaoka, Miyanoue, Hibarigaoka, Midorigaoka, Ryokuyodai, Hikaridanchi, Ekimae, Shinmachi, Shinmachi-Nishi, Sanrigi-Kita	Every week Monday, Thursday	3rd Wednesday of each month	3rd Tuesday of each month	4th Tuesday of each month	2nd Tuesday of each month	1st Tuesday of each month	Every Wednesday	2nd Friday of each month

Collection district	Subject Administrative Districts	Combustible Garbage	Incombustible Garbage	Empty cans Empty bottles	Newspapers Flyers Magazines Books	Cloths Cardboards Milk cartons	Plastic bottles	Plastics	Oversized Garbage
			Specified items						4 types of home appliance
D	Totsugi, Babagusu, Magate, Karakawa, Iguchi, Domyou, Kamichudai, Debun, Chudai, Kawakubo, Tsuru, Ohoriki, Nakao, Minamigata, Baba, Yanagimizu, Nyudomizu, Kogabaru, Teppo Koji, Nagatsuka, Kamitsukure, Shimotsukure	Every week Monday, Thursday	4th Wednesday of each month	3rd Friday of each month	4th Friday of each month	2nd Tuesday of each month	1st Tuesday of each month	Every Wednesday	2nd Friday of each month

〈How to dispose of oversized garbage waste and four home appliances〉

- ① Reservation It should be made by phone or online at least 2 days before the collection date, preferably 1 week in advance.
Environmental Life Division ☎ : 096-232-2114
- ② Attach stickers Purchase an oversized garbage sticker from a retailer for 500 yen each. And, attach the required number of stickers. In case of the 4 types of home appliance, purchase a Recycling Ticket at the Post Office.
- ③ Put out the garbage Please put out the oversized garbage in front of the entrance of your house or apartment building by 8:30 a.m. on the collection day.

〈Websites for garbage disposal〉





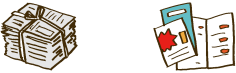





















← Garbage Collection calendar



← List of stores where designated garbage bags and stickers for oversized garbage are available

〈How to separate garbage〉

Type of Garbage	what can be disposed	Note
Combustible garbage (Red designated garbage bags)	<ul style="list-style-type: none"> ●kitchen waste ●twigs ●Leather goods ●Rubber goods ●Plastic products (without plastic mark) 	<ul style="list-style-type: none"> • Drain water from food wastes.
Incombustibles, small hardware, small waste home appliances (Yellow designated garbage bags)	<ul style="list-style-type: none"> ●Metal products ●Ceramics & Glass ●Small waste homeappliances 	<ul style="list-style-type: none"> • Always write your name on the bag.
Specified items. (Transparent bag)	<ul style="list-style-type: none"> ●Discarded dry cell and button cell batteries ●Lighter, Long lighter ●Spray can, Cassette (Gas Cartridge) cylinder ●Mercury thermometer, Mercury sphygmomanometer ●Red ink pad 	<ul style="list-style-type: none"> • Separate the bag for each item. • Spray cans for painting cannot be disposed.
Recyclables (Green designated garbage bags)		
Resource A Empty cans, Empty bottles	<ul style="list-style-type: none"> ●Aluminum can ●Steel can ●Empty bottle 	<ul style="list-style-type: none"> • Wash before disposal
Resource C Newspapers, Flyers	<ul style="list-style-type: none"> ●Newspapers ●Flyers 	<ul style="list-style-type: none"> • Keep from the rain.
Resource D Magazines, Books, Other paper	<ul style="list-style-type: none"> ●Magazines, Books, Other paper ●Empty box ●Envelope 	<ul style="list-style-type: none"> • Keep from the rain.
Resource E Cloths	<ul style="list-style-type: none"> ●Towels ●Used clothes ●Blankets 	<ul style="list-style-type: none"> • Clothing that contains cotton or leather should be disposed with combustible garbage.
Resource F (Corrugated) Cardboards	<ul style="list-style-type: none"> ●Cardboard 	<ul style="list-style-type: none"> • Keep from the rain.
Resource G Milk cartons	<ul style="list-style-type: none"> ●Milk cartons ●Paper baggage 	<ul style="list-style-type: none"> • Wash, open, and dry before disposal^(*)
Resource H Plastic bottles (clear plastic beverage bottle)	<ul style="list-style-type: none"> ●Bottles with PET mark ●Soft drink bottles ●Seasoning bottles 	<ul style="list-style-type: none"> • Dispose caps and labels as Resource J.

Type of Garbage	what can be disposed	Note
Resources J Plastic containers, Food trays, Styrofoam	<ul style="list-style-type: none"> ● Plastic containers  ● Food trays  ● Styrofoam  	<ul style="list-style-type: none"> • If stains cannot be removed, dispose as combustible garbage.
Oversized garbage ※ Reservations required. (Oversized garbage stickers)	<ul style="list-style-type: none"> ● Bed  ● Chest of drawers  ● Desk  ● Sofa  ● Bicycle  	<ul style="list-style-type: none"> • Book in advance • Oversized garbage stickers required
4 types of home appliance ※ Reservations required. (Oversized garbage stickers, home appliance recycling tickets)	<ul style="list-style-type: none"> ● TV  ● Air-conditioner  ● Refrigerators and freezers  ● Washing machine, Dryer  	<ul style="list-style-type: none"> • Book in advance • Oversized garbage stickers required • Need a home appliance recycling ticket.
Waste cooking oil, waste fluorescent tubes (Collected at each community center)	<ul style="list-style-type: none"> ● Fluorescent tubes(uncracked)  ● Waste cooking oil  	

Contact information for the section in charge

Environmental Life Division, Kikuyo Town Office

☎096-232-2114 ✉ kankyoseikatsu@town.kikuyo.lg.jp

4 – (6) Health checkups and vaccinations

1. Health checkups and medical examinations

(1) Comprehensive health checkups and cancer screenings

Comprehensive health checkup is a set of specific medical checkups focusing on metabolic syndrome and cancer screenings for the purpose of preventing lifestyle-related diseases.

You may also have multiple choices of cancer screening without taking the specific medical checkups.

Item		Target group	How to apply
Specific medical checkup		Members of the national health insurance for the aged 40-74 or the medical insurance system for the elderly aged 75 or older	
Cancer screening	Stomach cancer screening (bone fluoroscopy)	40-year-olds or older	<ul style="list-style-type: none"> ■ The Kikuyo Town Office will send an information letter to the eligible persons. ■ Please complete the application procedure by mail or via the Internet.
	Abdominal ultrasonography		
	Lung cancer screening		
	Colorectal cancer screening (stool examination)		
	cervical cancer screening	Women aged 30 or older	
	Breast cancer screening (echo)	Women in their 30s	
	Breast cancer screening (mammography)	Women aged 40 or older	
	Osteoporosis screening	Women aged 30 or older	
	Prostate cancer (PSA) test	Men aged 40 or older	

(2) Other medical examinations, etc.

Examination items	Target group	How to apply
Complete medical checkup	Members of the national health insurance for the aged 30 or older or the medical insurance system for the elderly aged 75 or older	<ul style="list-style-type: none"> ■ Please complete the application procedures at the town office (Health and Insurance Division). ■ You can choose the health checkup institution and course you want.
Cervical cancer screening at medical institution	Women aged 20 or older	<ul style="list-style-type: none"> ■ Women in their 20s do not need to complete the application procedure. A medical examination form will be sent from the town office. ■ For women aged 30 or older, an information letter will be sent from the town office. Please complete the application procedure by mail or via the Internet.
Dental and oral health examination	Members of the medical insurance system for the elderly aged 75 or older	<ul style="list-style-type: none"> ■ Please make an appointment with a commissioned medical institution in the town before visiting the clinic. ■ You will need a medical examination ticket (distributed with your insurance card) when you visit the clinic.

Examination items	Target group	How to apply
Periodontal disease examination	40, 50, 60, 70-year-olds	<ul style="list-style-type: none"> An information letter will be sent from the town office. Please make an appointment with a commissioned medical institution in the town before visiting the clinic.
Helicobacter pylori test	40-year-olds or older who have never been tested for Helicobacter pylori (subject to exclusions)	<ul style="list-style-type: none"> Please complete the application procedures at the town office (Health and Insurance Division) or by phone.

2. Vaccinations

(1) Vaccinations for children

Vaccinations are designed to build immunity (antibodies) against diseases and are one of the most effective means of protecting lives from infectious diseases. Please read carefully the instructions in the vaccination handbook and other materials distributed by the town, and vaccinate your child when he/she is in good physical condition.

〈Regular vaccinations〉

Name of vaccination (vaccine)	Target age	Vaccination method and cost
Rotarix	6 to 24 weeks after birth	<ul style="list-style-type: none"> Information will be sent from the town office when the time for vaccination is approaching.^{※1} ※1 Information on cervical cancer prevention is sent to students in their first year of junior high school and first year of high school. Please get vaccinated at designated medical institutions. Please bring your Maternal and Child Health Handbook and preliminary examination form^{※2} with you at the time of vaccination. ※2 The preliminary examination form will be sent home from the town office at the end of the month following the birth of the child. If you have moved in from another municipality or lost your form, please contact the town office (Health and Insurance Division). No cost for vaccinations^{※3} ※3 After the eligible age, the full amount must be paid.
Rotateq	6 to 32 weeks after birth	
Hib (Haemophilus influenzae type b)	2 months to under 5 years old	
Pediatric streptococcus pneumoniae	2 months to under 5 years old	
Hepatitis B	Less than 1 year old	
Quadruple vaccine (diphtheria, pertussis, tetanus, inactivated polio)	2 months to under 7 years and 6 months	
BCG	Less than 1 year old	
MR (measles-rubella combination)	1st term: 1 to under 2 years old 2nd term: one year before entering elementary school	
Varicella (chickenpox)	1 to under 3 years old	
Japanese encephalitis	1st term: 6 months to under 7 years and 6 months 2nd term: 9 to under 13 years old	
Dual vaccine (DT: diphtheria and tetanus)	11 to under 13 years old	
Cervical cancer prevention (HPV)	Girls from the first day of the school year in which they turn 12 years old to the last day of the school year in which they turn 16 years old	

〈Arbitrary vaccinations〉

Type	Target age	Vaccination method and cost
Influenza	6 months to under 13 years old (2 times) Children aged 13 years or older (1 time)	<ul style="list-style-type: none"> ■ A notice will be posted in the public relations and on the website, so please complete the application procedures at the designated medical institution on your own. ■ Vaccination cost is 1,900 yen per dose

(2) Vaccinations for adults

Type	Target group	Remarks
Influenza	Adults under 65 years old (1 time) Adults 65 years and older (1 time)	<ul style="list-style-type: none"> ■ A notice will be posted in the public relations and on the website, so please complete the application procedures at the designated medical institution on your own. ■ Vaccination cost is 1,900 yen for those under 65 and 1,400 yen for those 65 and older.
Pneumococcus for adults	65, 70, 75, 80, 85, 90, 95, 100-year-olds who have never been vaccinated in the past	<ul style="list-style-type: none"> ■ Eligible persons will be notified individually. ■ Vaccination cost is 3,200 yen

Contact information for the section in charge

Health and Insurance Division, Kikuyo Town Office
☎096-232-4912 ✉ kenkohoken@town.kikuyo.lg.jp

4– (7) Municipal Housing

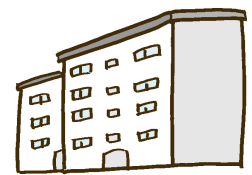
Municipal housing is built for people from the low-income who are having trouble finding affordable housing. There are requirements for moving in, and rent is divided into 8 categories, ranging from 7,900 to 53,100 yen according to income and family composition of the resident household. The rent is revised annually based on the financial situation, etc., of the household.

〈Eligibility (application requirements)〉

Persons who meet all of the following requirements are eligible to apply for municipal housing:

- ① Your address or place of work is in Kikuyo Town.
- ② You have relatives living together with you (Elderly and disabled persons may apply as single residents)
- ③ The monthly income of your household is less than the following criteria

General household (principle)	158,000 yen or less
Households having persons with physical disabilities or elementary school /preschool children, households where all members are 60 years old or older, etc (*Please discuss your household situation accordingly)	214,000 yen or less



- ④ You do not have tax arrears in Kikuyo Town or the municipality where you currently live
- ⑤ It is clear that you are currently having trouble finding affordable housing
- ⑥ There is no member of an organized crime group in your household

〈List of municipal housing〉

Housing complex name	所在地
Hikari danchi	846 Haramizu, Kikuyo
Kogabaru danchi	3509 Haramizu, Kikuyo
Chudai danchi	829 Kubota, Kikuyo
Baba danchi	4664, 4665, 4666-2, Haramizu, Kikuyo
Nyudomizu danchi	3963-1 Haramizu, Kikuyo
Aobadai danchi	2400 Tsukure, Kikuyo
Shimobarukita danchi	2816 Kubota, Kikuyo
Shimobaru danchi	2714, 2716-3 Kubota, Kikuyo
Haramizu danchi	2137 Haramizu, Kikuyo



Municipal housing website

* For further information, please check the website via the QR code.

〈Sign-up process〉

- Information on vacant housing units is announced on the public relations and the website as soon as they are available.
- You must complete the application procedure if you wish to move in. For detailed information on the procedure, please get in touch with the relevant department mentioned below.



Contact information for the section in charge

Construction Division, Kikuyo Town Office

☎096-232-2115 ✉kensetsu@town.kikuyo.lg.jp

4 – (8) Taxes

〈Tax Payment Consultation〉

“Tax consultation” is available for inhabitant taxes, property taxes, light motor vehicle taxes, and national health insurance tax payable to Kikuyo Town.

If you have difficulties paying by the due date, please call or consult with the Kikuyo Town Office (Tax Division) as soon as possible.

For those who cannot come to the Kikuyo Town Hall during its opening hours (weekdays from 8:30 to 17:15) for tax consultation, an evening consultation service is available.



〈Evening Tax Consultation〉

By 9:00 p.m. on the last day of each month (or the preceding weekday if the last day of the month falls on a Saturday, Sunday or holiday) *.

※ Schedules are subject to change, so please call or e-mail the town office (tax division) in advance to confirm if you would like an evening consultation.



Contact information for the section in charge

Tax Division, Kikuyo Town Office

☎096-232-4911 ✉ zeimu@town.kikuyo.lg.jp

4– (9) Japanese Language Classes

We offer courses for foreigners living in Kikuyo Town to learn about Japanese culture and simple Japanese for daily life. Attend a course and make friends and colleagues.

〈Period of implementation〉

Please check the Kikuyo Town website for the period when the courses are held, which varies from year to year.



Town website

〈How to apply〉

Please contact the Kikuyo Town Central Community Center.



(Image of the course)

〈Location〉

Kikuyo Town Central Community Center (2598 Kubota, Kikuyo Town, 869-1103)

〈Contents〉

- The students can learn simple Japanese language such as greetings, and things necessary for living in Kikuyo Town such as work, shopping, taking out garbage, and hospital care.
- The course will be taught in a group with interactions.



We also offer “Easy Japanese language classes” for Japanese people living in Kikuyo Town so that they can communicate with foreign residents in their daily lives in the community.

We will support foreign residents living in the town so that they can live safely in the community.

Contact information for the section in charge

Kikuyo Town Central Community Center

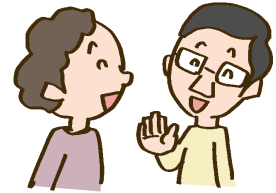
☎096-232-2116 ✉kominkan@town.kikuyo.lg.jp

4– (10) Everyday Etiquette and Problems in the Community

The rules and etiquette of everyday life differ between Japan and other countries. Learning Japanese rules and etiquette will help you live trouble-free in the community.

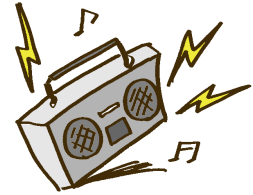
(1) Communicate with local people

Make an effort to interact with the people in your local community. For example, it is important to help each other in times of disaster. Make it a habit to greet and communicate with them regularly, such as saying “Good morning” and “Hello”.



(2) Do not disturb your neighbors (be careful of noise)

Houses in Japan are built close to each other, so loud noises can be a nuisance to the neighborhood. Avoid talking loudly, making loud noises, or listening to the TV and music at a high volume.

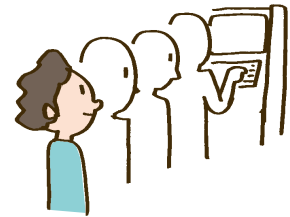


(3) Etiquette in shared spaces

Do not leave objects in shared spaces such as corridors and stairs of condominiums and apartments. During a disaster such as an earthquake or fire, your luggage may be in the way and prevent safe evacuation.

(4) Waiting and queuing

In Japan, the rule is to wait in line for your turn. If there are multiple bank ATMs or toilets, please line up and go to the available one after the other in front of you has finished. Cutting in line and using a facility first is against the rules.



(5) Do not make a racket or mess in public spaces

Public spaces include places that many people use, such as parks and libraries, and public transportation, such as buses and trains. When using public spaces, try not to disturb others, and do not make loud noises or throw away the garbage. Also, refrain from talking on your cell phone.

(6) Tobacco etiquette

As a general rule, smoking indoors is prohibited. Please use designated smoking areas if you wish to smoke indoors. Also, do not walk while smoking or throw away cigarette butts when smoking outdoors. Smoking outdoors in crowded areas or when it is windy is also dangerous.

(7) Keep the town clean

Garbage should not be disposed of outdoors. Please dispose of garbage on the designated date and place for your area. Let us all strive to preserve the cleanliness of Kikuyo.

(8) Carrying dangerous articles is prohibited

You cannot carry knives or other sharp or dangerous articles, even for your protection. Possession of such objects is punishable by law.

Contact information for the section in charge

Crisis Management and Disaster Prevention Division, Kikuyo Town Office

☎096-232-2110 ✉ bousai@town.kikuyo.lg.jp

4– (11) Unemployment, illness, or other hardship

When unemployment or illness causes a sudden loss of income and assistance is needed to eat, dress, get around, or otherwise meet normal daily needs, assistance is available. Counseling is free of charge. Please do not hesitate to contact us for assistance.

(1) Kikuyo Town of Social Welfare

We provide counseling and support to people who are experiencing difficulties in their daily lives for various reasons.

Those who are experiencing difficulties in their daily life such as job, housing, living expenses, children/family, etc. should first consult with the Kikuyo Town Council of Social Welfare.

■ Food Bank Activities

We distribute food and basic necessities to those in need.



■ Children's Cafeteria

Groups and places that provide hot meals on an irregular basis to children and parents in need.



■ Livelihood and Welfare Fund Loans

The Kumamoto Prefectural Council of Social Welfare provides loans and necessary counseling and support so that low-income, elderly, and disabled people can lead stable lives. The program promotes self-reliance among the needy.

(2) Kikuyo Town Hall, Welfare Division

We provide counseling and protection to those in need to help them become self-sufficient in their daily lives. In order to receive public assistance, you must meet the eligibility requirements, so please first contact the Town Hall (Welfare Section).

■ Livelihood Protection

Provides necessary protection to those who are unable to live on their own income and assets, depending on the extent of their need, to ensure a minimum standard of health and cultural living and to promote self-sufficiency.

Contact information for the section in charge

Welfare Division, Kikuyo Town Office ☎096-232-4913 ✉fukushi@town.kikuyo.lg.jp
Kikuyo Town of Social Welfare ☎096-232-4832 ✉info@swkikuyo.or.jp

4– (12) Suffering violence from a partner or a lover...

(1) Violence from a partner or a lover

Domestic Violence (DV) is when a person in an intimate relationship, such as a partner or a lover, uses violence against you. Violence includes not only physical harm, but also emotional, economic, and sexual violence.

If you are experiencing violence and are concerned, do not suffer alone. In case of emergency, do not hesitate to call the police! (dial “110”)

〈Types and Examples of Violence〉


Physical Harm	<ul style="list-style-type: none"> • Throwing things • Throwing an object at a person • Pointing a knife at someone • Pulling hair, choking, etc.
Emotional Harm	<ul style="list-style-type: none"> • Shouting at the victim, making abusive remarks that deny his/her personality. • Not talking to you no matter what you say, or ignoring you for a long time. • Pretends to hit you or throw things to threaten you, breaks things. • Use force in presence of a child. • Threaten you by saying to hurt a child. • Monitoring phone calls and e-mails closely. • Restricting on friendships or outings, etc.
Economic oppression	<ul style="list-style-type: none"> • Does not give money for living expenses • Always makes his/her partner pay for the date • Not returning money borrowed.
Sexual Abuse	<ul style="list-style-type: none"> • Forcing sexual acts or naked pictures • Forcing them to watch pornographic videos or magazines even though they do not want to watch them. • Forcing abortion, not cooperating with contraception, etc.



〈Consulting Service〉

Consulting Organization	Reception Hours	Telephone No.
Kikuyo Town Sanrigi community Center	Weekdays 8:30-17:15	☎096-232-5536
Kumamoto Women's Consultation Center	Weekdays 8:30-17:15	☎096-381-7110
Ozu Police Station, Kumamoto Prefecture	Weekdays 8:30-17:15	☎096-294-0110

(2) Measures to protect victims from domestic violence, etc.

Support measures	<ul style="list-style-type: none">■ In order to protect victims of domestic violence, stalking, child abuse, etc., the measures restricts perpetrators from obtaining a certificate of residence and a copy of the family register to find out the victim's address.■ In order to receive the measures, you must apply to the Kikuyo Town Municipality Government Office (Townspeople Section). Please contact the Townspeople Section first.
Other Supports	<ul style="list-style-type: none">■ Assistance is available for foreign victims of domestic violence, including temporary protection and change of residence status. 

Contact information for the section in charge

Municipal Division, Kikuyo Town Office

☎096-232-4914 ✉ chomin@town.kikuyo.lg.jp

Children's General Consultation Section, Kikuyo Town Office

☎096-232-1117 ✉ kodomo-sodan@town.kikuyo.lg.jp